


Intention	Our Values and Expectations	 A School Family Learning for Life in all its Fullness (John 10:10)				
	Flourish	Aspire			Achieve	
	Curriculum Threads	Our Values	Our Place in the World	Our Well-Being	Our Voice	Our Aspirations
	Subject P.E	<p>At Mary Dean's our aim is to provide a rich and varied curriculum, focused on the delivery of the knowledge, skills, attitudes and values we feel every child needs – thus providing the basis for academic success, a life-long love of learning, and ultimately for our pupils to flourish, aspire and achieve.</p> <p>At Mary Dean's Primary School, the intent of our curriculum and PE ethos is:</p> <ol style="list-style-type: none"> 1. To develop every child's fundamental movement skill, agility, balance and coordination through a broad and balanced curriculum with the Cambridgeshire scheme of work as a tool for progression. 2. To develop social cooperation; positive attitudes and a greater sense of personal best so that all children can feel proud and included in PE. 3. To provide equal opportunities for all children regardless of race, gender, background or ability to take part in a wide range of traditional and non-traditional sports both inside and outside of school so that all children can reach their potential and find their passion. <p>Our PE curriculum encompasses our school Christian values which are:</p> <p>Thankfulness: This links to the value of respect. Children encourage their peers and show sportsmanship during PE lessons, festivals and competitions.</p> <p>Truthfulness: This links to the value of honesty by playing by the rules and being a good member of their team.</p> <p>Responsibility: Our Sports Leaders are responsible for being a voice to represent their class's views.</p> <p>Friendship: This links to teamwork. All children need to work together in order to achieve their best.</p> <p>Forgiveness: In sports, children will make mistakes and hurt each other by accident and it's important to know that this will happen, and we must forgive ourselves and others and learn from our mistakes.</p> <p>Courage: Children have courage to stand up and represent their school at sporting competitions and festivals. They have courage to try their best in PE lessons.</p> <p>Mary Dean's Primary School is part of the Plymouth Schools Sports Partnership whose vision is...</p> <p>"...to create a sustainable PE, School Sport and Physical Activity system as part of the health and well-being provision for all children and young people. Our MISSION is to positively impact on the lives of every child and young person attending Partnership schools and their</p>				

	<p>parents/carers through the opportunities that we provide to help them achieve more in life and at school. We promote the Olympic and Paralympic VALUES of Friendship, Respect, Excellence, Determination, Inspiration, Courage and Equality.”</p> <p>We are also part of the School Games network and as such are part of a national project that aims to get more young people participating and engaged in sports and competition. As part of our sports programme, the PSSP run School Games events at regular intervals in the academic year to enable our young people to engage in various levels of competition.</p> <p>We believe that Physical Education (PE) is fundamental to our children’s development and learning. Not only does it engage and motivate children, but it is a great way for our children to develop life skills such as teamwork, determination and respect. Physical exercise is also essential in mental health. Developing a healthy lifestyle at a young age will lead to greater wellbeing and mental resilience in later life. In essence, our PE curriculum aims to develop confident, capable learners who enjoy being physically active.</p>
<p>Implementation</p>	<p>At Mary Dean’s Primary School, we are committed to providing at least two hours of high-quality PE per week for all our pupils. These two hours comprise of:</p> <ol style="list-style-type: none"> 1. Gymnastics or dance. All teachers from foundation upwards, use the Cambridgeshire scheme to access high quality lesson plans and ensure the level of challenge is appropriate. 2. Athletics, invasion games, net and wall games or orienteering. All teachers from year 1 upwards, use the Cambridgeshire scheme to access high quality lesson plans and ensure the level of challenge is appropriate for athletics, invasion games and net and wall games. For orienteering, the whole school use ‘Cross Curricular Orienteering’ planning and resources. Foundation stage follows the Cambridgeshire scheme, but they focus on developing basic skills. <p>For one week in the spring term, Mary Dean’s Primary School has a week designed to boost our healthy lifestyle ethos. We have a multitude of workshops such as: nutrition, mental health, wellbeing and mindfulness and yoga.</p> <p>During Sports Week, the whole school are involved in a wide variety of activities across the week such as: bike rides, circuit training, gymnastics, karate, New Age Kurling, running, team building and inter-school competitions in dodgeball, disc golf and archery. Having role models in sports is essential so each year we welcome an Olympic Athlete to tell us about their work and run a fitness workshop school wide. This is a fantastic opportunity for children to have face time with top athletes as an aspirational visit. Most recently, in 2021, we met David King, an Olympic Hurdles competitor and in 2023 we met Paralympic athlete David Hill.</p> <p>Sports Leaders and Sports Captains are trained to lead PE in the school at a peer level. They are trained to lead warmups, ensure children are completing ‘Personal Best’ competitions such as skipping and boxing. They lead a dodgeball club at lunch time one day a week. These children also act as a school voice and help to guide and develop PE, school sport and physical activity. During a recent Sports Leaders meeting, the Sports Leaders chose the sports equipment we bought with the £1600 raised in October as sponsorship money for the event day with Paralympic athlete David Hill. They chose sports equipment to improve our break times, PE lessons and provide us with new after school clubs! In the Summer term this year, Argyle started running an archery after school club and a badminton after school club with our new equipment. Children in year 3/4 have already enjoyed using the new rainbow ribbons in their dance lessons. The Sports Leaders, who meet with the PE Co-ordinator termly and discuss events, the curriculum and potential developments to our active school. These children act as a voice and help drive PE. Children are therefore able to voice their experience of PE in our school and influence its direction. These children have chosen to spend Sports Premium money on a bike track, climbing</p>

		<p>walls, playground markings and basketball hoops in the playground to encourage active break and lunch times. They have chosen to spend sponsorship money on archery and badminton equipment to improve the variety of after school clubs Mary Dean's offers.</p> <p>We have introduced 'Activity Tracking: Each child at Mary Dean's has their activity levels tracked termly so that children with lower activity levels can be invited to special events and festivals. These children are also invited to Change4Life clubs and events. Following these invitations, attendance rates in after school clubs have risen. We have used the strict Schools Games Mark Platinum criteria as a benchmark for engagement in clubs and monitoring activity levels. More advanced and competitive events can be targeted at children who show great talent in specific sports, and this gives them a chance to excel. The impact is that more children are doing more sport, and to a higher standard. We pride ourselves with giving all children in Key Stage 2 the opportunity to participate in sporting competitions or festivals at school and against other schools in Plymouth every year.</p> <p>We provide bespoke training and consultation: Our partnership with the PSSP includes termly CDP and lesson observations with PE experts who ensure that our PE lessons are being taught to the highest quality. This also runs in liaison with our PE Co-ordinator, Mrs Baker.</p>
<p>Impact</p>		<p>The impact of our PE curriculum and ethos is clear:</p> <ol style="list-style-type: none"> 1. Sports Leaders: As a result of our Sports Leaders, the children feel their voices are heard which develop children's leadership skills and decision making in PE across the school. 2. Activity Tracking: As a result of activity tracking, it has enabled us to target children who don't choose to partake in active clubs inside or outside school to give them opportunities to develop a love of fitness and a healthy lifestyle. All children in Key Stage 2 are given the opportunity to participate in sporting competitions or festivals at our school and against other schools in Plymouth every year. More advanced and competitive events are targeted at children who show great talent in specific sports and this gives them a chance to excel. The impact is that more children are doing more sport, and to a higher standard. 3. As a result of bespoke training and consultation, all teachers are provided with high quality CPD from the PSSP The impact is that teachers in the school have increased confidence in delivering our content and this is evidenced in feedback following CPD and ongoing, open dialogue with Mrs Baker. 4. Following consultations with PSSP, local PE leaders, class teachers and our school Sports Leaders, The Cambridgeshire scheme of work has been implemented from 2023. We are using the progression of skills statements to collect assessment data at the end of every unit. This is compiled by class teachers and monitored by the PE coordinator to provide useful assessment for learning to enable teachers to differentiate their lesson plans accordingly so that they can make progress and make age related expectations.